Positive attitude
I am present, honest, respectful, friendly and hard-working. I look forward to things.

Communication
I listen. I ask questions. I show respect when I communicate to all sorts of people.

Teamwork
I work well with people to achieve a common goal. I contribute to the team.

Self-management
I look after myself. I am responsible, on time and prepared for the tasks I have to do.

Willingness to learn
I am open to learning new tasks, skills and information. I accept advice and learn from feedback.

Thinking skills
I weigh up options and figure out ways of doing things. I will get help when I need it.

Resilience
I meet challenges. I learn from my mistakes and find new ways of doing things.

My values
• My whānau
• Respect
• Challenging myself
• My culture
• Being part of a team

My story
I am really involved in kapa haka. Kapa haka is full on.

We practise for events, competitions and pōwhiri. The highlight is Ngā Kapa Haka Kura Tuarua o Aotearoa, the National Secondary Schools Kapa Haka Competition. We immerse ourselves in te ao Māori.

Practice involves learning a whole performance, including waiata, poi and haka. I have to make sure I am prepared.

Practice includes noho marae weekends that start early and finish late.

During the noho marae we are also expected to do jobs like prepare kai, clean and keep our stuff tidy.

Whānau support us.

My employability skills
• I am respectful to our tutor. I am attentive and focused during the long hours of practice.
• I listen and follow instructions.
• I understand everyone has a role – not just in kapa haka but also in the jobs we have to do at noho marae.
• I make sure I keep healthy and fit and bring my gear to practice.
• I enjoy learning new waiata and actions. I accept feedback so I can improve.
• I have to constantly think on my feet and improvise if there are mistakes during my performance.
• I learn from my mistakes and keep practising.

What’s your story?
Check out careers.govt.nz to find out more about your employability skills.