

# WORK INSPIRATION OVERVIEW

## How competencies are developed in Work Inspiration activities

Work Inspiration is an exciting employer-led work exploration programme for students in years 10-13.

Brought to you by the Tertiary Education Commission, Work Inspiration gives your students a meaningful connection to the world of work and a chance to see work in action.

## THE FOUR COMPONENTS OF WORK INSPIRATION



## CAREER MANAGEMENT COMPETENCIES

<b>DEVELOPING SELF-AWARENESS</b>	<ul style="list-style-type: none"> <li>– Self-knowledge</li> </ul>	<ul style="list-style-type: none"> <li>– Developing capabilities</li> <li>– Changing and growing</li> </ul>	<ul style="list-style-type: none"> <li>– Developing capabilities</li> </ul>	<ul style="list-style-type: none"> <li>– Self-knowledge</li> <li>– Developing capabilities</li> </ul>
<b>EXPLORING OPPORTUNITIES</b>	<ul style="list-style-type: none"> <li>– Accessing and using information</li> <li>– Opportunity awareness</li> </ul>	<ul style="list-style-type: none"> <li>– Opportunity awareness</li> <li>– Life, learning and work realities</li> <li>– Accessing and using information</li> </ul>	<ul style="list-style-type: none"> <li>– Accessing and using information</li> </ul>	<ul style="list-style-type: none"> <li>– Accessing and using information</li> </ul>
<b>REVIEWING OPTIONS AND MAKING CHOICES</b>	<ul style="list-style-type: none"> <li>– Creating opportunities</li> </ul>	<ul style="list-style-type: none"> <li>– Creating opportunities</li> <li>– Making life, learning and work decisions</li> </ul>		<ul style="list-style-type: none"> <li>– Identifying the next step</li> </ul>
<b>PLANNING, MANAGING CHANGE AND TRANSITIONS</b>		<ul style="list-style-type: none"> <li>– Acting to secure future education, training and/or work</li> </ul>		<ul style="list-style-type: none"> <li>– Life, learning and work plans</li> <li>– Acting to secure future education</li> </ul>

## KEY COMPETENCIES

<b>MANAGING SELF</b>		<ul style="list-style-type: none"> <li>– Seeing myself as a capable learner</li> <li>– Setting goals, making plans, managing projects and setting high standards</li> </ul>	<ul style="list-style-type: none"> <li>– Making plans, managing projects and setting high standards</li> </ul>	<ul style="list-style-type: none"> <li>– Setting goals, making plans, and setting high standards</li> <li>– Seeing myself as a capable learner</li> </ul>
<b>RELATING TO OTHERS</b>	<ul style="list-style-type: none"> <li>– Listening actively</li> <li>– Sharing ideas</li> <li>– Working effectively together</li> </ul>	<ul style="list-style-type: none"> <li>– Listening actively</li> <li>– Interacting effectively with a diverse range of people in a variety of contexts</li> <li>– Open to new learning</li> </ul>	<ul style="list-style-type: none"> <li>– Ability to listen actively</li> <li>– Recognising different points of view</li> </ul>	
<b>THINKING</b>	<ul style="list-style-type: none"> <li>– Developing understanding, and making decisions</li> <li>– Actively seeking, using and creating knowledge</li> <li>– Reflecting on my learning</li> </ul>	<ul style="list-style-type: none"> <li>– Developing understanding</li> <li>– Drawing on personal knowledge and intuitions</li> <li>– Asking questions and challenging assumptions and perceptions</li> <li>– Actively seeking, using and creating knowledge</li> </ul>	<ul style="list-style-type: none"> <li>– Developing understanding</li> </ul>	<ul style="list-style-type: none"> <li>– Developing understanding and shaping actions</li> <li>– Reflecting on my learning</li> </ul>
<b>UNDERSTANDING LANGUAGE, SYMBOLS AND TEXT</b>	<ul style="list-style-type: none"> <li>– Interpreting and using words</li> </ul>	<ul style="list-style-type: none"> <li>– Using language, symbols, and texts is to make meaning of the codes in which knowledge is expressed</li> </ul>	<ul style="list-style-type: none"> <li>– Using language and symbols to produce texts of all kinds: written, oral/aural, and visual; informal and formal</li> <li>– Using words, images, metaphor and technology</li> </ul>	
<b>PARTICIPATING AND CONTRIBUTING</b>	<ul style="list-style-type: none"> <li>– Developing a sense of belonging and the confidence to participate within new contexts</li> </ul>	<ul style="list-style-type: none"> <li>– Developing a sense of belonging and the confidence to participate within new contexts</li> <li>– Being actively involved in communities</li> </ul>	<ul style="list-style-type: none"> <li>– Developing a sense of belonging and the confidence to participate within new contexts</li> <li>– Contribute appropriately as a group member, to make connections with others</li> </ul>	